

Pre-treatment

- Limit any direct sun exposure for 2 weeks before and after treatments.
- Do not use any products containing Retin-A or Retinol 3 days prior to treatment.
- Make-up, lotion, sunscreen and deodorants must be thoroughly removed from the area to be treated prior to treatment.
Do not wear perfume on the area of treatment.

Post-treatment

- There may be redness, and occasionally, swelling of the treated areas lasting for several hours to 3 days.
- Do not bathe the area with very hot water for 3 days.
- Keep the treated area out of the sun. If sun is unavoidable, cover the treated area or use sunblock with SPF 40 or above for at least 4 weeks following treatment.
- If you are using Hydroquinone or Retinol/Retin-A, please stop using it 3 days prior your treatment and resume using it 7-10 days after your BBL treatment, once all flaking has stopped.
- Keep clothing from rubbing against the treated area and avoid other irritation to the area.
- May apply cold compress to spot treated areas that may have more heat.